

# † Quotes on Forgiveness †



Forgiveness is a strange thing. It can sometimes be easier to forgive our enemies than our friends. It can be hardest of all to forgive people we love. - Fred Rogers

When you choose to forgive those who have hurt you, you take away their power. - Anonymous

Forgiveness is for you—not the other person. It's something you do inside yourself that you feel in your body and heart that releases you from your past and frees you to live life fully. - Barbara J. Hunt

Forgiveness is a reflection of loving yourself enough to move on. - Dr. Steve Maraboli

Forgiveness is not an occasional act, it is a constant attitude. - Martin Luther King, Jr.

Holding a grudge doesn't make you strong; it makes you bitter. Forgiving doesn't make you weak; it sets you free. - Dave Willis

Forgiveness isn't approving what happened. It's choosing to rise above it. - Robin Sharma

Without forgiveness life is governed by an endless cycle of resentment and retaliation. - Roberto Assagioli

I think the first step is to understand that forgiveness does not exonerate the perpetrator. Forgiveness liberates the victim. It's a gift you give yourself. - T.D. Jakes

I like second chances. I've given people second chances. You have fall-outs with friends, and forgiveness is a great thing to have. It's not easy to forgive. I definitely don't forget, but I do forgive. - Odette Annable

The weak can never forgive. Forgiveness is the attribute of the strong. - Mahatma Gandhi

To forgive is to set a prisoner free and discover that the prisoner was you. - Lewis B. Smedes

